

Name of practical: तण्डुलोदक

Date of commencement: 31. Jan. 2024

Date of completion: 31 Jan 2024

सिद्धान्त: मर्दन

ग्रन्थाधार: शा. सं मध्यम अण्ड 1/29

ग्रन्थ पठ:

कण्डितम् तण्डुलपत्रं जलसिद्धिगुणितौ क्षिपेत् ।
भावयित्वा जलम् ग्रह्यम् देयं सर्वात्र कर्मसु ॥

Instrument:

Vessel

weighing machine

cloth

Ingredients and proportion:

Sl. no.	Ingredient	Quantity
01	तण्डुल	100g
02	जल	800ml.

Procedure:-

* Broken rice was taken and washed to properly

* The rice was then soaked and left it for upto 1-2 hrs

* After soaking, rice was macerated well.

* Then it was filtered with the cloth.

यौगिक परीक्षा

स्वरूप - द्रव

वर्ण - white

गन्ध - तण्डुल गन्ध

रस - मधुर

गुण कर्म विज्ञान:-

संस्थानिक कर्म -

रोगघ्नता - पित्तहर, मूत्रदाह, हस्तपाद दाह, श्वेत प्रतर

दोषघ्नता - पित्तहर

Result

Quantity obtained - 800ml

loss / Gain - No loss

Reason for loss / Gain - As it is soaked there is no loss.

मात्रा - २ पल (96ml)

अनुपात - मधु, सिता

Precautions :-

* The rice should be lightly pounded.

Observation :-

वर्ण - white

गुण - लघु, शीत

रस - तपकृत गन्ध

इस - मधुर

Effect - cooling of body

- Palatable

- Easy to administer.