

Name of practice :- गुडूची सत्व

Date of commencement :- 05. June. 2024

Date of completion :- 10. June. 2024

Principle / सिद्धान्त :- स्थापन

Reference / ग्रन्थाधार :- यांगरत्ना , राजयक्ष्मा चिकित्सा

Textual reference / ग्रन्थपथ :-

गुडूचीं खण्डशः कृत्वा कुट्टयित्वा सुमर्दयेत् ।

वस्त्राण विधृतं तीयं स्रावयेत् शनैः शनैः ॥

शुद्धं शङ्खुनिभं चूर्णमेतैः सम्मिश्रयेद्विषक् ।

Instruments:

weighing machine

\* खलव यन्त्र

vessel

\* knife

\* वस्त्र

Ingredients and proportion.

Sl.no.	Ingredients	Quantity.
1.	गुडूची खण्ड	3 kg
2.	जल	54 L.

## Procedure:-

- \* The गुडूची बण्ड of thumb sizes were taken and chopped into 1-3 inches length pieces.
- \* It was coarsely crushed in खलव मन्त्र
- \* It was soaked in 21 parts of water overnight.
- \* Then the next day, the contents were rigorously ~~mass~~ macerated and filtered using cloth.
- \* The content was left undisturbed then the supernatant liquid was decanted.
- \* The left over paste like material was collected and dried under sun.
- \* The सत्व was powdered and stored in an airtight container.

## यौगिक परीक्षा:-

स्वरूप - सूक्ष्म चूर्ण

वर्ण - Greenish white.

गन्ध - -

रस - -

## गुण - कर्म विज्ञान:-

संस्थानिक कर्म - रक्तपित्तघ्न, रसायन, उत्तरघ्न

दोषघ्नता - पित्त शमन

रोगघ्नता - कास, श्वास, राजाघ्न, रक्तपित्त, मूत्रकृच्छ्र, उत्तर,

Result:-

Quantity obtained - 32g

✓  
Loss / gain - 21g 978g

Reason for loss / gain - Only सत्व was collected.

मात्रा - 1/2 to 1g

अनुपात - मधु.

Observation:-

वर्ण - Grey

स्वरूप - यूज soft and talc like

गन्ध - faintly fishy due to mutagenous particles.